



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Rousseau Mostert

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

**TIME** 05:10:04

**PACE** 07:21/km

**GENDER** 305 of

563

**OVERALL** 420 of 834

**SENIOR (20-** 171 of

39) 291

08 July 2023, Sat

